

<b>Position</b>	<b>Bib no</b>	<b>Name</b>	<b>Category</b>	<b>Club</b>	<b>Time</b>
1	126	Craig Pilsbury	MV40		39:37.9
2	10	Dean Bate	M	Tipton Harriers	41:01.5
3	118	Ryan Ashforth	M	Cannock & Stafford AC	42:37.2
4	24	Nick Bradley	M	Shrewsbury AC	43:46.8
5	43	Matthew Woodman	MV40	Stafford Harriers	44:31.8
6	131	Richard Price	M	Sedgley Striders	45:17.2
7	3	Leigh Ally	M	Aldridge RC	45:31.4
8	127	Tom Pope	MV40	Newport & District RC	46:36.7
9	60	Stephen Gill	MV50	Wrekin Road Runners	48:26.7
10	178	Neil Vaughan	M		49:01.2
11	86	Tom Holroyd	MV35	Fit Box	49:19.9
12	103	Tom Lote	M	Telford AC	49:55.2
13	73	Chris Hall	MV35		50:15.1
14	44	Steven Copnall	M		50:21.9
15	50	Craig Storey	MV55	Market Drayton RC	50:26.6
16	71	John Greenwood	MV35		50:35.0
17	124	Dale Perrins	MV35	Fit Box	50:54.6
18	29	Kelly Butler	L		51:27.8
19	109	Darren Mattocks	MV40	Stafford Harriers	51:29.3
20	38	David Clark	MV35		51:48.8
21	94	Mehdad Jafari	M		52:09.1
22	175	Lauren Turley	L	Cannock & Stafford AC	52:11.2
23	136	Paul Reece	M		52:16.5
24	142	Jonathan Rolls	MV40		52:32.0
25	55	Neil Fairbrother	M	Newport & District RC	52:35.6
26	62	Lisa Goode	LV40	Brewood & Coven Running	52:51.2
27	18	Jodie Bird	L		53:01.5
28	12	Gareth Bee	MV35		53:39.0
29	1	Paul Adams	MV45		53:42.8
30	11	Paul Bate	MV50		53:50.3
31	36	Emma Chadwick	L	Lawley Running Club	53:53.3
32	42	John Cooke	MV65	Cannock & Stafford AC	54:13.8
33	58	Lee Francis	M		54:23.2
34	121	Simon Oakes	MV35		54:34.1
35	189	Ewelina Westcott	L		54:38.0
36	172	Lee Titley	MV45		54:51.6
37	111	Daniel Miles	M		55:11.2
38	156	Emily-Kate Smith	L	Newport & District RC	55:20.2
39	13	Richard Bennett	MV45		55:29.2
40	69	Geoff Green	MV35		55:58.9
41	14	Melanie Bermingham	LV55	Chase Harriers	56:11.3
42	65	Ivan Graham	MV40		56:59.9
43	199	Dan Wright	M		58:33.1
44	198	Bradley Wright	MV40	Brewood & Coven Running	59:08.4
45	129	Mark Preston	MV50		59:10.8
46	20	Martin Black	MV35		59:20.0

47	88	Richard Howard	MV35		59:21.9
48	96	Karen Kay	LV40		59:47.3
49	162	Bill Stevenson	MV55	Michelin	1.00.51
50	190	Richard Westcott	MV60		01.01.16
51	176	Chris Unwin	MV40		01.01.38
52	177	MichaelJohn Unwin	MV65	Stoke F.I.T.	01.01.39
53	34	Claire Cannon	L	Lordshill Road Runners	01.02.07
54	113	Alexandra Moore	LV35	Fit Box	01.02.27
55	151	Richard Skingsley	MV35		01.02.34
56	2	David Aheer	MV40	Brewood & Coven Running	01.02.50
57	146	Mark Seaton	MV55	Stafford Harriers	01.02.52
58	150	Rebecca Skingsley	LV35		01.03.10
59	164	Sheryl Stuart	L	Newport & District RC	01.03.27
60	35	Melanie Carroll	LV45		01.03.59
61	40	Nick Collins	MV40		01.03.59
62	4	Karen Andrews	LV50		01.04.03
63	165	Harriet Sullivan	LV35		01.04.13
64	39	Neil Collingwood	MV40		01.04.15
65	167	Lee Sutton	MV45	Newport & District RC	01.04.21
66	173	Kate Tong	LV35	Fit Box	01.04.23
67	33	Heather Campbell	LV35		01.04.32
68	187	Jemma Wedgwood	L		01.04.37
69	128	Selena Powell	LV35	Stafford Harriers	01.04.40
70	104	Joanne Luttner	LV40	Newport & District RC	01.04.56
71	160	Ian Steele	MV35		01.04.59
72	180	Adrian Wake	MV50	Brewood & Coven Running	01.05.16
73	191	Jo Whitehead	LV35		01.05.29
74	170	David Timmins	MV35		01.05.38
75	6	Carole Austin	LV45	Fit Box	01.05.46
76	122	Claire OBrien	LV35	Aldridge RC	01.06.13
77	67	Julia Race	LV55		01.06.20
78	143	David Roper	MV60	Brewood & Coven Running	01.06.26
79	181	Ruth Wake	LV50	Brewood & Coven Running	01.06.32
80	89	Craig Howells	MV40	Brewood & Coven Running	01.06.36
81	25	Nicola Briggs	L		01.07.00
82	134	Mick Pursglove	MV50		01.07.03
83	64	Cheryl Graham	LV40		01.07.04
84	115	Karen Morrey	LV45		01.07.07
85	130	Keith Price	MV50		01.07.14
86	108	Jennie Mattinson	LV35		01.07.18
87	32	Jim Callaghan	MV50		01.07.23
88	145	Jo Scorgie	-	Fit Box	01.07.25
89	192	Roger Whitehouse	MV45		01.07.31
90	5	Simon Aries	MV55	Telford Harriers	01.07.36
91	147	Amy Sharman	LV35	Mid Shropshire Wheelers	01.07.49
92	8	David Bagnall	MV40	Mid Shropshire Wheelers	01.07.50
93	28	Kate Bulman	LV40		01.07.56

94	185	Melanie Weatherer	L		01.08.14
95	188	Ralph Wedlock	MV60	Newport & District RC	01.08.18
96	9	Maria Bagnall	LV40	Wrekin Road Runners	01.08.26
97	119	Samantha Murray	LV40		01.08.27
98	197	Rachel Woodward	LV40	Fit Box	01.08.33
99	66	Claire Grant	LV45	Wolverhampton & Bilston	01.08.40
100	99	Emma Lawrence	LV45	Brewood & Coven Running	01.08.40
101	75	Tracy Hartridge	LV45	Newport & District RC	01.09.16
102	174	Nikki Towle	LV50		01.09.18
103	184	Joanne Watson	LV45	Fit Box	01.10.18
104	183	Weronika Wasielak	L		01.10.24
105	54	Anthea Taylor	LV45		01.10.25
106	92	Phil Hulse	MV45		01.10.32
107	70	David Greenwood	M		01.10.33
108	97	Jaime Keeley	LV40	Fit Box	01.11.03
109	132	Joseph Priestley	M	Mid Shropshire Wheelers	01.11.41
110	114	Elizabeth Moran	LV45	Wolverhampton & Bilston	01.11.57
111	87	David Horton	MV45	Brewood & Coven Running	01.12.12
112	80	Andrew Hawksworth	MV45		01.12.25
113	149	Mark Shelton	MV55		01.12.26
114	106	Sharon Malpass	LV45		01.12.34
115	7	Sarah Baggott	LV40	Birchfield Harriers	01.12.42
116	193	Kay Wilkinson	LV50	Newport & District RC	01.12.42
117	107	Zoe Marklew	L		01.12.48
118	120	Amanda Nevard	LV40		01.12.50
119	157	Sarah Smith	LV45		01.12.51
120	159	Jane Stace	LV40		01.12.51
121	116	Paul Morris	M		01.12.52
122	63	LISA GOODWIN	LV50	Vegan Runners	01.13.10
123	112	Joanne Montgomery	LV40		01.13.12
124	37	Parvinder Chana jones	LV35		01.13.15
125	102	Samantha Lindsay	LV35		01.13.25
126	168	Sasha Tateson	LV35		01.13.39
127	133	Sarah Prinold	LV35	Newport & District RC	01.13.39
128	154	Tim Slater	MV40		01.13.42
129	153	Alfred Slater	MV70		01.14.06
130	22	Clare Booth	LV40		01.14.08
131	166	Mike Sullivan	MV55		01.14.09
132	56	Nathan Falla	MV35		01.14.26
133	26	Sam Britton	L		01.14.28
134	74	Chris Harrison	MV60		01.14.44
135	152	Harmony Slade	LV40		01.14.50
136	23	Lorna Botham	LV50	Fit Box	01.15.47
137	19	Emma Bishton	LV45		01.15.57
138	45	Louise Crook	L	Fit Box	01.16.10
139	41	Karen Conde	LV50		01.16.19
140	179	Ashley Rayner	M		01.16.28

141	201	Alex Bowen	M		01.16.34
142	194	Angela Willberry	LV45	Brewood & Coven Running	01.16.35
143	31	Sandra Cairns	LV55		01.16.42
144	144	Anne Saxon	LV60		01.17.16
145	148	Abbie Sheldon	L		01.17.30
146	82	Zoe Haynes	L		01.18.02
147	78	Andrew Hawkins	LV35		01.18.54
148	79	Jackie Hawkins	LV60		01.18.55
149	77	Alice Hawkins	LV35		01.18.59
150	186	Rachel Weaver	L		01.19.02
151	101	Daniel Lewis	MV35		01.19.05
152	68	Guilia Grava	LV45		01.19.06
153	81	Sandra Haycock	LV60		01.19.07
154	21	Sarah Black	LV35		01.19.29
155	95	Jane Jones	LV40		01.19.41
156	182	Alice Walters	LV35		01.20.40
157	30	Yvonne Cadwallader	LV45		01.20.40
158	90	Angela Hughes	LV40	Fit Box	01.21.18
159	137	Charlotte Reeves	L		01.21.28
160	171	Jenna Titley	LV35		01.21.46
161	17	Paul Birch	MV40		01.21.52
162	163	Liz Stevenson	LV60	Potters Trotters	01.21.53
163	93	Ralph Humphries	MV55	Newport & District RC	01.21.58
164	155	Christine Smith	LV50		01.22.01
165	48	Martin Davis	MV55		01.22.01
166	16	Emma Birch	LV40		01.22.05
167	117	Elizabeth Mountford	LV45	Newport & District RC	01.22.27
168	140	Natalie Roberts	LV45		01.23.19
169	139	Gavin Roberts	MV35		01.23.20
170	27	Linda Brooker	LV55	Newport & District RC	01.23.46
171	141	Tracey Robinson	LV45	Wrekin Road Runners	01.23.53
172	61	Susan GILL	LV45	Wrekin Road Runners	01.23.53
173	49	Raina Dickinson	LV50		01.24.19
174	46	Linda Cusack	LV50		01.24.19
175	59	Paula Francis	LV50		01.25.10
176	91	Victoria Hulme	L	Fit Box	01.27.19
177	125	Bobbie Phillips	LV65		01.28.55
178	161	Claire Stevens	LV40		01.29.19
179	158	Tracey Spivey	LV45	Fit Box	01.30.33
180	57	Kaley Fisher	L	Fit Box	01.30.33
181	105	Sam MacDonald	LV45	Fit Box	01.30.46
182	76	Danni Hassall	LV35	Fit Box	01.32.00
183	84	Heather Higgs	L	New-to-Tri	01.34.35